



BIO / NICK BARE

Nick Bare is the founder and CEO of Bare Performance Nutrition - a sports performance and health supplement company based outside of Austin, Texas. He graduated from the Indiana University of Pennsylvania in 2013 with a degree in nutrition before commissioning into the US Army as an Infantry Officer. Nick served 4 years of active duty service as an Infantry Platoon Leader and graduate from the US Army Ranger School.

After transitioning out of the military, he focused on scaling his company and today leads his team at the forefront of the supplement industry. Nick is a true fitness enthusiast where he trains for triathlons, marathons, strength training and ultra-distance races.

Nick documents his training, business growth, and "Go One More" mindset online through photo, video and audio to inspire, educate and motivate others. He is the host of The Bare Performance Podcast and a member of Team Red, White and Blue's Advisory Board.