

*as of May 2021



NICK BARE

ENTREPRENEUR | ATHLETE | AUTHOR | VETERAN

ABOUT

Nick is the founder and CEO of Bare Performance Nutrition. He served 4 years in the US Army as an Infantry Officer, after graduating from college with a degree in nutrition. Nick is the author of *25 Hours A Day*, host of The Bare Performance Podcast, and member of Team Red, White and Blue's Advisory Board. He specializes in fitness, nutrition and business growth operations.



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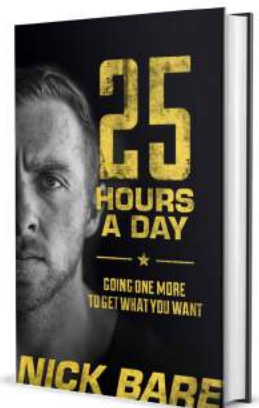
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Nick wrote *25 Hours A Day* after transitioning out of the military and scaling his supplement company, which started in his college apartment. His book describes the principles he applies to his everyday life from lessons he learned through fitness, business and the military. Now, Nick wants to help you transform your life by embracing the suck, living like you've got an extra hour, and harnessing the power of "one more." By applying these simple lessons, you'll radically improve your chances of success.



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